



## Assisted Living

### Assisted Living Facilities

An **Assisted Living Facility (ALF)** is a housing option for people who require more assistance than Home Health Care may provide but less assistance than a Nursing Home provides. ALF's may provide an entire apartment, a single room, or a shared room, 24-hour staffing, assistance with personal care and dispensing medication, housekeeping, laundry, activities, and other services that allow adults to stay in the community. The cost varies considerably.

The Assisted Living Facility may require you to sign a rental agreement that includes the cost of your rent, what health services are included and the added cost for additional care services. The rental agreement may specify when you are no longer medically eligible to remain in the ALF.

### Memory Care Assisted Living Facilities

**Memory care assisted living** is a specialized form of housing and care designed for individuals who are living with Alzheimer's disease or other forms of dementia. It provides a secure and supportive environment that is tailored to the unique needs of residents with memory impairments.

Here are some key characteristics of memory care assisted living:

1. **Secure Environment:** Memory care facilities are typically designed with security measures to prevent residents from wandering and becoming disoriented. This may include locked doors and controlled access to common areas.

2. **Monitoring and Medical Support:** Memory care facilities often have protocols in place to monitor residents' health and provide medical support as needed. This may include coordination with healthcare providers and medication management.

3. **Specialized Staff:** Memory care facilities employ staff members who are trained in dementia care. These professionals are experienced in managing the specific challenges associated with memory loss and cognitive decline.

4. **Structured Activities:** Memory care communities offer structured daily activities and routines that are designed to engage residents and stimulate their cognitive abilities. These activities can include music therapy, art therapy, and other programs that cater to individual interests and needs.

5. **Personalized Care Plans:** Each resident in memory care assisted living has a personalized care plan that takes into account their unique needs and preferences. This may include assistance with activities of daily living, medication management, and meal support.

6. **Safe and Comfortable Living Spaces:** Residents typically live in private or semi-private rooms, and these spaces are often designed with dementia-friendly features to enhance comfort and safety.

7. **Social Interaction:** Socialization is encouraged in memory care communities to help residents maintain a sense of connection and reduce feelings of isolation. Group activities and communal spaces are often part of the design.

Visit RI Elder Info's website to learn more!

<https://rielderinfo.com/assisted-living-facilities/>



**RI Elder Info**

*"For Seniors, Caregivers, and Professionals"*

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## **Nursing Homes**

### **Nursing Homes**

A **Nursing Home (NH)** is a facility that provides 24-hour 7 day a week medical care and supervision.

A **Skilled Nursing Facility (SNF)** provides skilled nursing (examples: wound care, pain management, or bowel/bladder training), and physical, occupational or speech therapy services. SNF may also be referred to as a sub-acute rehab. Medicare may cover up to 100 days in a skilled nursing facility if you have met very specific Medicare eligibility guidelines. There may be a co-pay beginning on Day 21 through Day 100.

A nursing home may also **provide long-term care**. Medicare does NOT cover ongoing long-term Nursing Home care. You may require additional care after your Medicare coverage ends. You may choose to pay the nursing home privately, use long-term care insurance or apply for state Medicaid.

The RI Department of Health's Healthcare Quality Reporting Program has developed a Nursing Home Summary Report to help you compare Nursing Homes and choose among them. To find the most recent report click here <http://www.health.ri.gov/nursinghomes/about/quality/>

Under Federal and state law you retain ALL of the same Rights that you enjoy in the community. <https://www.cms.gov/about-cms/what-we-do/nursing-homes/patients-caregivers/rights-quality-care>

### **Suspicion of Abuse**

(physical, sexual, financial exploitation and property theft)

**should be reported to the police and to the following:**

**Department of Health Facilities Regulation  
401-222-5200**

**RI Attorney General Patient Abuse or Neglect, Medicaid Fraud & Drug  
Diversion Unit  
401-222-2566 or 274-4400 x2269**

**RI Long Term Care Ombudsman  
401-785-3340**

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